Catholic Charities Disabilities Services Agency Standard and Procedure	
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	14 NYCRR 633
	42 CFR 483
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## Standard:

All medications will be prescribed by an MD, PhD, Nurse Practitioner, or other legally authorized medical practitioner. These medications will be ordered and obtained from the pharmacy. When the medications are received, they will be documented and safeguarded per regulation. Furthermore, medications will be administered as directed on the prescription, and if necessary, disposed of in conformance with all applicable regulations.

### **Definition:**

Medication is defined as a substance that is used to treat a diagnosed medical condition.

### Procedure:

## Order Required

1. Medication will only be administered upon the written, signed prescription or order of an MD, PhD, Nurse Practitioner, or legally authorized medical practitioner. These medications will be administered to the individual supported as directed by the prescription.

# Plan of Nursing Services (PONS)

- A Registered Nurse (RN) is responsible for developing a PONS for any individual supported who
  requires nursing care, including those who require medication administration for diagnosed
  medical conditions.
- 2. PONS will be updated at least annually or if there is a significant change in the condition of the individual supported.

## Medication Regimen Review

- 1. The Medication Regimen Review for individuals supported will be completed on at least an annual basis.
- 2. The Medication Regimen Review will be completed by an RN, physician, physician's assistant or pharmacist and will be documented.
- 3. The Medication Regimen Review will include a review of the medication record for each individual supported for potential adverse reactions, allergies, interaction, contraindications, or irregularities. Related laboratory work will be included. An assessment of the Each individual supported will be assessed to determine their response to medication to determine if the

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medication is achieving the stated objectives of the medication. If necessary, recommendations will be made to the prescriber for any indicated changes and determination of the need for more frequent review will be included.

# Over-the-counter (OTC) Medication

- 1. OTC medications each individual supported can receive will be documented on their Standing Orders, or by prescription, signed by an MD, PhD, Nurse Practitioner, or other legally authorized medical practitioner.
- 2. Administration of an OTC must follow Standing Orders and requires RN approval, unless otherwise stated.
- 3. If there is a significant adverse reaction, change in behavior, or indication(s) of a problem that may be related to a medication currently being administered to or by an individual supported, the use of the medication should be suspended and immediately reported to the prescribing practitioner. If the prescribing practitioner is not available, medical treatment is to be obtained elsewhere, if necessary.

# PRN (as needed) Medication

- 1. PRN orders for medication to prevent, modify, or control challenging behaviors, or to reduce symptoms of a diagnosed co-occurring psychiatric condition must be incorporated in and documented as part of a Behavior Support Plan (BSP) or Medical Monitoring Plan (MMP).
- 2. The administration of PRN medication to prevent, modify or control challenging behavior requires prior approval from an RN, PONS, BSP, or MMP.
- 3. Each administration of a PRN to prevent, modify or control challenging behavior, when used in conjunction with a restrictive physical intervention technique, must be reported to OPWDD in a manner specified by them.
- 4. The administration of PRN medication to treat symptoms as specified in the order for the PRN medication may require prior approval by an RN unless otherwise specified in the PONS, BSP, or MMP.

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