

Safety Committee's

MONTHLY TIP

#JustDrive

APRIL

**Distracted
Driving
Awareness
Month**

an **nsc** initiative



DISTRACTED DRIVING

know the facts!



Distracted driving is **any activity** that could divert a **person's attention** away from the primary task of **driving**.

THERE ARE 3 MAIN TYPES OF *distraction*



visual

taking your eyes
off the road



manual

taking your hands
off the wheel



cognitive

taking your mind off
what you are doing

POTENTIAL DISTRACTIONS WHILE DRIVING



cellphones



eating & drinking



GPS



talking to passengers