



When you are safe and food is secure, you can concentrate on the rest of your life. All CCDS Prader-Willi specific residences and services maintain environmental features and staff support to ensure health, safety and food security. With structure, consistency, and predictability of access to food, the individuals we support experience reduced stress and can focus on other aspects of their lives.



With the right supports, life for people with PWS can be happy, healthy, and fulfilling.



1 Park Place, Suite 100  
Albany, NY 12205  
(518) 783-1111  
(518) 785-4894 fax



## Prader-Willi Syndrome Services & Supports

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[www.ccdservices.org](http://www.ccdservices.org)



## Prader-Willi Syndrome Expertise

From monitoring health and food security to dealing with behavioral challenges, providing care for someone with Prader-Willi Syndrome (PWS) can seem overwhelming, but **you are not alone**. Catholic Charities Disabilities Services has been a leader in supporting individuals diagnosed with PWS and their families since 1990. Our staff are nationally recognized for their expertise in working with individuals with PWS. We provide ongoing support and guidance and internal and external training sessions in collaboration with experts on PWS and with the support of experienced colleagues. We understand the many special challenges of the Syndrome, and experienced and caring staff are the ones who can provide the supports to empower individuals and families to achieve their goals.

## Advocacy

We provide advocacy, support, information, referrals and other supports to assist individuals and caregivers to secure services and supports anywhere in NYS. Our supports reach beyond the Capital District area. For PWS assistance anywhere in NYS including special education advocacy, questions regarding Individualized Education Plans or services, assistance with eligibility determination, or for any matter pertaining to your child with PWS, contact our PWS Family Support Services Coordinator, Nina Roberto, at (718) 551-1623 or at [roberto@pwsausa.org](mailto:roberto@pwsausa.org). Se habla Español.

## Support Groups

We facilitate a monthly PWS Support Group for parents and caregivers. Respite care is provided in order to assist families to attend the meetings.

*Services are available to all,  
regardless of age, race,  
income, or religious affiliation.*

## Respite Services

Our Respite supports can provide the relief families need to balance the demands of providing care with other family obligations. Respite is available for individuals of any age.

## Residential Services

Catholic Charities Disabilities Services provides a range of community living opportunities designed specifically for people with PWS. We offer 24-hour residential and clinical supports and services to individuals in a variety of sites throughout the Capital District.

## Community Habilitation and Self-Directed Supports

We work with individuals and their families to develop a unique plan designed to assist in building life skills. We can provide assistance to develop the life skills that can include household management, activities of daily life, social interaction, community involvement and personal care.



## How we can help you?

Our services and supports enable people to **learn the skills and develop the confidence** needed to live their lives as **independently and safely** as possible. We assist individuals we serve to achieve their highest potential of independence within a safe and supportive community of their choice.

Catholic Charities Disabilities Services provides specialized services and high quality care for children, adolescents, and adults with disabilities. Our PWS advocacy, information and support are provided throughout NYS. We offer habilitative and respite services in the greater Capital District.

Our values-based approach incorporates communication, dignity, excellence, independence, integrity, leadership, responsiveness and safety.



Turning disabilities into capabilities;  
providing quality services with integrity,  
compassion and respect.



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