### CATHOLIC CHARITIES

#### October 2025

### RIGHT HERE!

A MONTHLY NEWSLETTER ABOUT YOUR RIGHTS & RESPONSIBILITITES

#### WHAT OPWDD SAYS:

NEW YORK STATE GODES, RULES AND REGULATIONS (MYGRR) PART 333 CRIGHTS AND RESPONSIBILITIES OF PERSONS RECEIVING SERVICES) OUTLINES TMATE.

No one can be deprived of civil or legal rights because of a developmental disability... including The right to a safe and sanitary environment; freedom from abuse; freedom from unnecessary restraint; protection from exploitation; and confidentiality of records.

## WHAT DOES BEING SAFE

### MEAN?

BEING SAFE MEANS MORE THAN JUST BEING FREE FROM HARM. IT MEANS:

- YOU FEEL COMFORTABLE AND SECURE IN YOUR ENVIRONMENT.
- YOU ARE TREATED WITH RESPECT BY STAFF AND OTHERS.
- · YOU CAN SPEAK UP IF SOMETHING DOESN'T FEEL RIGHT.
- YOU HAVE PRIVACY AND YOUR PERSONAL SPACE IS PROTECTED.
- . YOU KNOW WHO TO GO TO FOR HELP WHEN YOU NEED IT.

SAFETY ALSO INCLUDES EMOTIONAL AND MENTAL SAFETY-FEELING HEARD, SUPPORTED, AND VALUED FOR WHO YOU ARE.



# What Staff Can do:

STAFF PLAY AN IMPORTANT ROLE IN HELPING PEOPLE STAY SAFE, THEY:

- LISTEN AND RESPOND WITH CARE
- FOLLOW OPWDD AND CQL SAFETY STANDARDS
- RESPECT PEOPLE'S CHOICES AND BOUNDARIES.
- HELP INDIVIDUALS

  LEARN ABOUT SELF
  PROTECTION, HEALTHY

  RELATIONSHIPS, AND

  PERSONAL RIGHTS.

  WHEN STAFF AND

  INDIVIDUALS WORK

  TOGETHER, EVERYONE CAN

  ENJOY A SAFE AND

  SUPPORTIVE ENVIRONMENT.

### WING IT HATTERS,

In an OPWDD setting, the safety of people receiving services is not just a regulatory requirement— it's a human right.

According to CQL (The Council on Quality and Leadership), helping people understand their right to be safe is a key part of person-centered support and dignity of risk. It's about more than preventing harm—it's about empowerment.

OPWDD says
that everyone
receiving
supports and
services has the
right to be safe
and to live a life
that is free from
abuse, neglect,

harm, and danger.